Activity Plan

Camp Name:	Lamoka Baptist Camp	Date:	5/30/2023
Prepared By:	Greg Howard	Title:	Director/Administrator
Phone number:	607-463-0324	Email Address:	camp@lamoka.com
Signature:	Greg Howard		

Complete the following plan for each activity without an Activity-Specific Plan or that requires additional supervision or safety procedures from what has been provided in Section V (Supervision and Activity Safety) of the main document (e.g. requires additional/specialized staff, minimum participant prerequisites, safety equipment). Activities that have similar safety and supervision procedures may be listed on the same worksheet. Submit the completed plan to the local health department or State District Office that has jurisdiction in the county where the camp is located for review.

A copy of the approved plan must be maintained at the camp and reviewed by the activity leader prior to overseeing the activity.

For Health Department Use Only

Approved: ☐ Yes ☐ No

Reviewer: Enter text here. Date: Enter a date. Comments: Enter text here.

ACTIVITY: Arts and Crafts

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

1. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

2. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☒ No specialized prerequisites required

☐ Minimum age: ☐ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☐ Experience (specify in number of weeks or other quantifiable time period): Enter text here.

☐ Certification(s) (specify): Enter text here.

☐ Training (specify): Enter text here.

☐ Other Skill or knowledge required (specify): Enter text here.

3. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☐ Yes ☒ No

4. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Help campers with the arts and crafts.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

5. List participant prerequisites, if any (e.g. training, skills, experience, age).

☐ No participant prerequisites

☒ Activity safety orientation including, but not limited to, instruction on the following topics:
Using paints and other crafting elements.

☐ Other (specify): Enter text here.

6. What safety equipment will be used?

☒ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☐ Other (specify): Enter text here.

7. Describe the inspection/maintenance requirements for the required equipment:

Enter text here.

☒ No safety equipment/techniques needed

8. What are the rules and/or safety precautions that will be taken during the activity?

No horseplay. Listen to staff, counselors, and activity leaders. Follow all other rules and guidance given by activity leaders.

ACTIVITY: Hiking

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

9. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

10. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☐ No specialized prerequisites required

☒ Minimum age: ☒ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☐ Experience (specify in number of weeks or other quantifiable time period): Enter text here.

☐ Certification(s) (specify): Enter text here.

☐ Training (specify): Enter text here.

☐ Other Skill or knowledge required (specify): Enter text here.

11. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☒ Yes ☐ No

12. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Leading campers on the hike.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

13. List participant prerequisites, if any (e.g. training, skills, experience, age).

☒ No participant prerequisites

☐ Activity safety orientation including, but not limited to, instruction on the following topics:
Enter text here.

☐ Other (specify): Enter text here.

14. What safety equipment will be used?

☐ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☒ Other (specify): trails are not very long and are free of debris and hazards, including poison ivy. We will suggest campers where long sleeves and long pants, but it will not be required.

15. Describe the inspection/maintenance requirements for the required equipment:

Trails will be maintained and inspected by the Maintenance staff at the beginning of the camp season. A phone will be taken in case of emergency.

☐ No safety equipment/techniques needed

16. What are the rules and/or safety precautions that will be taken during the activity?

Campers must stay in visual range of the counselor at all times, groups going further then a 5 minute walk away from campus (on site) will take a CPR and First Aid Certified person with them.

ACTIVITY: Organized Games

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

17. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

18. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☐ No specialized prerequisites required

☐ Minimum age: ☐ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☒ Experience (specify in number of weeks or other quantifiable time period): 6 weeks

☐ Certification(s) (specify): Enter text here.

☒ Training (specify): rules and guidelines for running games and activities.

☒ Other Skill or knowledge required (specify): Game and activity rules.

19. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☐ Yes ☒ No

20. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Going over rules and running the games.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

21. List participant prerequisites, if any (e.g. training, skills, experience, age).

☒ No participant prerequisites

☐ Activity safety orientation including, but not limited to, instruction on the following topics:
Enter text here.

☐ Other (specify): Enter text here.

22. What safety equipment will be used?

☒ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☐ Other (specify):

23. Describe the inspection/maintenance requirements for the required equipment:

Enter text here.

☒ No safety equipment/techniques needed

24. What are the rules and/or safety precautions that will be taken during the activity?

No horseplay. Listen to staff, counselors, and activity leaders. Follow all other rules and guidance given by activity leaders.

ACTIVITY: Tubing

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.

- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).

- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

25. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

26. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☐ No specialized prerequisites required

☐ Minimum age: ☒ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☒ Experience (specify in number of weeks or other quantifiable time period): 3 years

☒ Certification(s) (specify): PV License, Boater Safety Course

☒ Training (specify): Training specific to running and operating the camp boat (e.g. checking oil and fueling the boat, etc)

☒ Other Skill or knowledge required (specify): Knowledge of the lake's topographical features and general depths.

27. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☒ Yes ☐ No

28. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Driving the boat.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

29. List participant prerequisites, if any (e.g. training, skills, experience, age).

☐ No participant prerequisites

☒ Activity safety orientation including, but not limited to, instruction on the following topics:

Safely getting on and off the tube, hand signals for tube ride (e.g. thumbs up for faster, thumbs down for slower, and hand flat toward boat to stop).

☒ Other (specify): Non swimmers are excluded from this activity. Only swimmers can participate.

30. What safety equipment will be used?

☐ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☒ Lifejacket ☐ Shin guards ☐ Long pants

☒ Other (specify): Equipment required on boat by Parks and Recs Department (e.g. flares, visual signal, etc).

31. Describe the inspection/maintenance requirements for the required equipment:

Daily inspections of boat, including oil, gas, hull, etc.

☐ No safety equipment/techniques needed

32. What are the rules and/or safety precautions that will be taken during the activity?

"Campers must remain seated on boat when it is in motion, tubers must ride on tube according to the instructions given for a specific tube (e.g. tubes that lay on must be laid on), Campers will never stand on the tube when it is in motion. Tubing maximum 15 miles an hour, speed limit on the lake for boat rides is 30 miles per hour. Boat drivers will not be allowed to take any aggressive turns or swing the campers in any aggressive manner."

ACTIVITY: Hay Rides

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

33. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

34. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☐ No specialized prerequisites required

☐ Minimum age: ☐ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☒ Experience (specify in number of weeks or other quantifiable time period): 5 years

☐ Certification(s) (specify): Enter text here.

☒ Training (specify): training specific to running a farm tractor.

☒ Other Skill or knowledge required (specify): knowledge of where to go and not go on campus with the hay ride.

35. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☒ Yes ☐ No

36. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Driving the tractor. Loading and offloading of campers.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

37. List participant prerequisites, if any (e.g. training, skills, experience, age).

☐ No participant prerequisites

☒ Activity safety orientation including, but not limited to, instruction on the following topics:
Safely loading and offloading from hay wagon. Safety while on hay wagon (including not standing while hay wagon is in motion and no horseplay.)

☐ Other (specify): Enter text here.

38. What safety equipment will be used?

☐ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☒ Other (specify): The hay wagon has benches along three sides (not the rear) and high walls around all those same sides. Counselors or other trained staff members will sit at the end of the benches to keep campers from getting close to the back of the hay wagon.

39. Describe the inspection/maintenance requirements for the required equipment:

The wagon and tractor are inspected before every use by the driver. This inspection includes looking for safety issues and concerns of any type.

☐ No safety equipment/techniques needed

40. What are the rules and/or safety precautions that will be taken during the activity?

Campers will load & unload when directed to by staff & will stay seated for the duration. No standing when the tractor is moving. Sides of the trailer are made of wood and keep campers from falling off. Campers will keep appendages in trailer at all times. Campers who violate the rules may be removed safely and not allowed to ride again. The Hay Ride will pick up and drop off campers in a safe location with little to no foot traffic to avoid campers getting in the way of the tractor/wagon (e.g., the flag pole or by the girls bathrooms where there is little to no traffic when Hay Ride would be running). The Hay Ride/tractor/wagon will depart this pick up and drop off point toward the top end of campus (e.g., the woods). The top end of campus and the woods have little to no foot traffic while the Hay Ride is running. The driver will slow the speed of the tractor when approaching any turns that limit visibility or when crossing other trails that may have people walking on them, but will, in most cases and when possible drive the Hay Ride in areas and on trails where no foot traffic occurs during the Hay Ride run time.

ACTIVITY: Culinary Skills

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

41. What ratio of counselors to campers will be maintained for this activity?

☐ 1:8 for campers younger than 8-years-old
☒ 1:10 for campers 8-years and older
☐ 1:12 (day camps only)
☐ Other (specify): Enter text here.

42. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☐ No specialized prerequisites required
☒ Minimum age: ☒ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.
☒ Experience (specify in number of weeks or other quantifiable time period): 2 years
☐ Certification(s) (specify): Enter text here.
☒ Training (specify): Culinary Training.
☐ Other Skill or knowledge required (specify): Enter text here.

43. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☒ Yes ☐ No

44. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Enter text here.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

45. List participant prerequisites, if any (e.g. training, skills, experience, age).

☐ No participant prerequisites

☒ Activity safety orientation including, but not limited to, instruction on the following topics:
Kitchen/cooking basic safety.

☒ Other (specify): 14 years or older.

46. What safety equipment will be used?

☐ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☒ Other (specify): Gloves for food prep. Knife safety gloves for cutting instruction. Hot pads or Hot gloves when working with hot food.

47. Describe the inspection/maintenance requirements for the required equipment:

The instructor will inspect all equipment and utensils each day before use.

☐ No safety equipment/techniques needed

48. What are the rules and/or safety precautions that will be taken during the activity?

The instructor will give equipment and topic specific safety instructions at the beginning of each lesson or class (e.g. knife safety will be covered before knives are used). Campers will not touch any equipment or kitchen utensils without permission and instruction. No horseplay.

ACTIVITY: Bounce House

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

49. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

50. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☒ No specialized prerequisites required

☐ Minimum age: ☐ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☐ Experience (specify in number of weeks or other quantifiable time period): Enter text here.

☐ Certification(s) (specify): Enter text here.

☐ Training (specify): Enter text here.

☐ Other Skill or knowledge required (specify): Enter text here.

51. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☐ Yes ☒ No

52. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Counselors, Leader, and staff will oversee the activity and make sure campers follow safety rules and guidelines.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

53. List participant prerequisites, if any (e.g. training, skills, experience, age).

☐ No participant prerequisites

☐ Activity safety orientation including, but not limited to, instruction on the following topics:

☒ Other (specify): must be 6&up

54. What safety equipment will be used?

☒ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☐ Other (specify):

55. Describe the inspection/maintenance requirements for the required equipment:

The bounce house will be inspected before each use by the staff running the activity.

☐ No safety equipment/techniques needed

56. What are the rules and/or safety precautions that will be taken during the activity?

- Only children age 6 and older should use bounce houses. Younger children may not have the balance, coordination or strength to safely enjoy one.
- A counselor or adult will always be present to supervise. At a park or other similar setting, a trained staff member must be present to supervise.
- Before entering, children will take off their shoes, glasses, and any sharp objects will be removed from their pockets.
- No rough housing allowed.
- Bounce house will not be used if it is too windy.
- The occupancy of the bounce house will stay below the number assigned to the bounce house

by the manufacturer (if one is present. If no such number is present or given, then the number will be kept to a minimum to assure safe bouncing).

ACTIVITY: Mini Golf

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

57. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

58. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☒ No specialized prerequisites required

☐ Minimum age: ☐ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☐ Experience (specify in number of weeks or other quantifiable time period): Enter text here.

☐ Certification(s) (specify): Enter text here.

☐ Training (specify): Enter text here.

☐ Other Skill or knowledge required (specify): Enter text here.

59. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☐ Yes ☒ No

60. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Enter text here.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

61. List participant prerequisites, if any (e.g. training, skills, experience, age).

☒ No participant prerequisites

☐ Activity safety orientation including, but not limited to, instruction on the following topics:

Enter text here.

☐ Other (specify): Enter text here.

62. What safety equipment will be used?

☐ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☒ Other (specify): N/A

63. Describe the inspection/maintenance requirements for the required equipment:

Enter text here.

☒ No safety equipment/techniques needed

64. What are the rules and/or safety precautions that will be taken during the activity?

No horseplay. No swinging of golf clubs above the head. No throwing golf balls or clubs.

ACTIVITY: Super Waterslide

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

65. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

66. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☒ No specialized prerequisites required

☐ Minimum age: ☐ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☐ Experience (specify in number of weeks or other quantifiable time period): Enter text here.

☐ Certification(s) (specify): Enter text here.

☐ Training (specify): Enter text here.

☐ Other Skill or knowledge required (specify): Enter text here.

67. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☒ Yes ☐ No

68. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Counselors will maintain order and help direct campers throughout the activity. The activity leader will be responsible to go over the rules with the campers before they participate.

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

69. List participant prerequisites, if any (e.g. training, skills, experience, age).

☒ No participant prerequisites

☐ Activity safety orientation including, but not limited to, instruction on the following topics:
Enter text here.

☐ Other (specify): Enter text here.

70. What safety equipment will be used?

☒ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs
☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants
☐ Other (specify): N/A

71. Describe the inspection/maintenance requirements for the required equipment:

Enter text here.

☒ No safety equipment/techniques needed

72. What are the rules and/or safety precautions that will be taken during the activity?

No horseplay. No running. Participants should not wear jeans, wear jewelry, or have on their person any sharp or hard objects. Participants must ride feet-first and on their bottoms, one at a time. Participants at the top of the slide (in line) must wait until directed to sit by a staff member before doing so. Before sliding, participants must wait for the go-ahead command from the staff member at the top of the slide to assure that the slide is clear.

ACTIVITY: Laser Tag

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

73. What ratio of counselors to campers will be maintained for this activity?

☒ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

74. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☐ No specialized prerequisites required

☐ Minimum age: ☒ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☐ Experience (specify in number of weeks or other quantifiable time period): Enter text here.

☐ Certification(s) (specify): Enter text here.

☐ Training (specify): Enter text here.

☐ Other Skill or knowledge required (specify): Enter text here.

75. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☐ Yes ☒ No

76. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Enter Text Here

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

77. List participant prerequisites, if any (e.g. training, skills, experience, age).

☒ No participant prerequisites

☐ Activity safety orientation including, but not limited to, instruction on the following topics:

Enter text here.

☐ Other (specify): Enter text here.

78. What safety equipment will be used?

☒ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☐ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☐ Other (specify): N/A

79. Describe the inspection/maintenance requirements for the required equipment:

Enter text here.

☒ No safety equipment/techniques needed

80. What are the rules and/or safety precautions that will be taken during the activity?

No horseplay. No sprinting while playing. No swinging the plastic gun around near other players.

Listen and follow all directions given by the activity leader.

ACTIVITY: Axe Throwing/Hatchet Throwing

SUPERVISION

- Each activity at camp must be supervised by an activity leader that is competent in the activity being conducted. Activity leaders of an activity that includes wilderness hiking, camping, rock climbing, horseback riding, bicycling, swimming and/or boating must be at least 18 years of age.
- A minimum of one activity leader and one staff member must supervise activities that occur at locations where additional camp staff assistance is not readily available (within five minutes).
- When the activity is conducted at a location where the camp staff certified in first aid and CPR are not readily available, the activity leader must possess or be accompanied by staff who possesses current first aid and CPR certification in an approved course. NYSDOH Factsheets listing approved CPR and First Aid certification are available at www.health.ny.gov/environmental/outdoors/camps or by contacting your local health department.

81. What ratio of counselors to campers will be maintained for this activity?

☐ 1:8 for campers younger than 8-years-old ☒ 1:10 for campers 8-years and older

☐ 1:12 (day camps only) ☐ Other (specify): Enter text here.

82. List the required prerequisites for the activity leader (e.g. training, skills, experience, certification):

☐ No specialized prerequisites required

☒ Minimum age: ☒ 18 years-old ☐ 21 years-old or older ☐ Other (specify): Enter text here.

☐ Experience (specify in number of weeks or other quantifiable time period): Enter text here.

☐ Certification(s) (specify): Enter text here.

☒ Training (specify): Safety training on safety line and fire line, as well as training on how to safely handle and store the axes at all times to avoid injury or participants holding the axes when not throwing from the line of fire at the designated time.

☒ Other Skill or knowledge required (specify): Only staff and/or activity leader will retrieve axes from the targets or target area between throwing times. Campers will not be allowed to retrieve axes, but will be handed the axes by staff when it is safe to throw again.

83. Does the activity leader need to possess or be accompanied by staff who possesses current first aid and CPR certifications for this activity?

☒ Yes ☐ No

84. At a minimum, there must be visual or verbal communications capabilities between campers and counselors at all times during the activity. Describe any specific duties of the activity leader, counselors and other specialty staff (if any) for this activity:

Enter Text Here

PARTICIPANT PREREQUISITES AND SAFETY PROCEDURES

85. List participant prerequisites, if any (e.g. training, skills, experience, age).

☐ No participant prerequisites

☒ Activity safety orientation including, but not limited to, instruction on the following topics:

Campers will receive the instructions laid out in under number 88. Campers will also receive an orientation regarding general safety and the course (safety line, fire line, staff, borders, etc. Campers will be told about the personal injury risk and will be instructed to handle all axes with extreme care.

☐ Other (specify): Enter text here.

86. What safety equipment will be used?

☐ No safety equipment needed ☐ Helmet ☐ Safety goggles ☐ Earplugs

☒ Gloves ☐ Mouth guard ☐ Lifejacket ☐ Shin guards ☐ Long pants

☒ Other (specify): Close toed shoes must be worn by participants.

87. Describe the inspection/maintenance requirements for the required equipment:

Safety gloves will be available for optional use by participants. If they choose to wear them, the activity leader and/or staff will make sure the gloves are in good working condition so they provide protection when handling the axes. In addition, the range, lines, axes, and targets will be inspected prior to each use to make sure they are all maintained and in good working order. These inspections will cover, but are not limited to, making sure the axe handles are not cracked, the blades are not loose, that nothing on the target will cause the axe to rebound, that the lines are visible, etc. Targets are placed approximately 12 feet away from each thrower to allow for proper rotation of the axe and the axe to be at the proper angle when striking the target. In addition to the safety and fire line, the range will also be placed beside the archery range away from high traffic areas of the camp. The range will be separated, marked by, and cordoned off by an obvious barrier in the form of rope so no one mistakenly enters the range, or close to the range, from any direction. These white

ropes/barriers are placed at a minimum distance of 6 feet to either side of the range and a minimum of 36 feet behind the targets. In addition, and for additional safety. The area behind the targets and range is a tree line and unused/uninhabited space. Staff will also maintain a visual on areas surrounding the range and make sure the range is clear before allowing participants to throw. Only axes that are thrown and held by one hand will be used on the course.

☐ No safety equipment/techniques needed

88. What are the rules and/or safety precautions that will be taken during the activity?

No horseplay. All participants will receive all directions and rules before the activity begins and will remain behind the safety line while getting these instructions. They will also stay behind the safety line at all times unless throwing or instructed to approach the fire line to throw. Participants whose turn it is to throw will be asked to approach the fire line. Participants will be spaced at least 6 feet apart and no more than 3 throwers will throw at any given time. To mitigate bouncing or rebounding axes, participants will be instructed to not throw the axe overly hard and staff will demonstrate the strength of a good throw. In addition, targets will be separated as well to allow for safer throwing. When it is safe to throw, the activity leader and/or staff will hand the participant the axe(s) (handle first) and instructed that it is safe to throw. Once participants have finished throwing, ONLY staff will retrieve the axes that have been thrown. Campers will never cross the fire line. Before staff collect axes, the activity leader will verify that the range is safe to enter in order to collect axes and will tell staff that it safe to collect axes. Once the axes are collected, they will be held by staff or placed in a safe location until the next participant and the range is ready for throwing. Any participant that violates any of these rules may be disqualified from the activity immediately and for the rest of the week. When not in use, the axes will be locked up in the archery shed so they cannot be accessed or handled by campers.